

## **CERTIFICATE**

## OF PARTICIPATION

This is to certify that

## Jan Rost

Has successfully participated & completed the

15km Cowhouse Winter Trail Run 2017

held at Cowhouse Market.

**TIME** 01:38:20

**PACE** 06:33/km

OVERALL 39 of 54

**GENDER** 25 of 32

40 - 49 9 of 11

29 July 2017, Sat

Date



